

Places to go for Free and Low-cost Food and Meals in Southwark

Christmas 2024



Places to go for free food – check opening times before visiting

Dawson Heights Community Fridge Dawson Heights Community Hall Ladlands, Dawson Heights Overhill Road, SE22 0PP Provides: Community fridge providing variety of perishable food, subject to change however often including fruit and veg, microwave meals.	Open to all and free.	Wednesday 3:30pm-5pm Christmas and New Year: Closed for two weeks on the 25 th December and 1 st January. Reopen on Wed 8 th January.	07590 962246 amy.washbrook@southernhousing.org.uk
Albrighton Community Fridge Albrighton Community Centre 37 Albrighton Road East Dulwich SE22 8AH Provides: Community fridge. Fresh food, fruit and veg, and tinned and packeted, baby food/formula if in stock. Additional support: Citizens Advice Worker as a walk-in session on Mondays 1-3pm.	Open to all and free.	Monday, Tuesday, Thursday Friday 1pm-3pm Christmas and New Year: Closed on Boxing Day. May be working with reduced hours on other days over the festive period, best to check before visiting.	https://www.albrightoncommunityfridge.org/ or https://www.facebook.com/albrightoncommunitycentre/ 020 7737 6186 jackie.mustoe@albrightoncommunitycentre.org
The Fridge Project at Bridge The Bridge 73–81 Southwark Bridge Road Borough SE1 0NQ Provides: Community fridge. Fresh fruit and veg, bread, pantry items.	Open to all and free.	Wednesday & Thursday 8am-5pm Friday 8am-2pm Christmas and New Year: Closed from 21 st December to 7 th January. Reopen on 8 th .	https://www.thebridge-uk.org/fridge 020 7089 6250 projects@thebridge-uk.org

The Redeemed Assemblies Support Service Foodbank (TRASS) 821 Old Kent Road Peckham SE15 1NX (over the road from Aldi) Provides: Veg, fruit, sandwiches, breads, pastry, cakes, and ready-made meals when available. Hot tea. Every Saturday –hot meal to eat in.	Open to all and free.	Monday- Friday 9am-10am Sunday 10am-11:30am Hot meal on Saturday 10am Christmas and New Year: Open as usual.	https://www.theredeemedassembliesuk.com/community-support 07577 836 335 admin@theredeemedassembliesuk.com
RCCG Winners Temple Foodbank (upstairs Church Hall) 30 Wagner Street – off Ilderton Road junction Peckham SE15 1NN Provides: Usually pastries, dairy & canned foods, pasta, noodles, fresh fruit and veg. Supervised self-service.	Open to all and free.	Sunday 12:15pm-1pm Christmas and New Year: Open as usual.	020 7277 8002/07956 813 701 admin@winnerstemple.org.uk
UCKG – Peckham Help Centre 176-178 Rye Lane Peckham SE15 4NF Provides: Takeaway sandwiches and drinks and food parcels. Baby food/formula available when in stock. Additional support: Debt support, immigration, and legal advice through a referral mechanism.	Free and open to anyone.	Saturday 11am-1pm Christmas and New Year: Open as usual.	https://www.uckg.org/our-soup-kitchen-remains-open/ 020 7686 6000 outreach@uckg.org
RJ4All Community Fridge & Foodbank RJ4All Rotherhithe Community Centre 30 Plough Way Rotherhithe SE16 2LJ Provides: Surplus chilled food, non-perishable and frozen items. Also, second-hand shoes & clothes, some cleaning & personal hygiene products are available at a cost. RJ4ALL ask that people only visit the community fridge once per day unless there is an event or extra surplus food.	Open to all. Donation of £1 if possible.	Monday-Friday 9:30am-5:30pm Best time to come is Tuesday 11am-2pm to get most variety of products including fresh items. It is recommended to text/email if visiting outside of these hours. Christmas and New Year: Closed from 23rd	https://rj4all.org/ https://www.facebook.com/RJforAll 07708 758600 admin@rj4all.org

Additional support: Support with debt, benefits, and other financial issues through staff signposting and leaflets. Immigration and legal advice. Digital Drop-in Sessions (Thursday 4-6pm), wellbeing activities: https://rj4all.org/wellbeing-services/		December to 1st January. Reopen on 2nd January.	
Excel Beyond Barriers Community Hub Ketra Community Hall Telfer House Seeley Drive Kingswood Estate SE21 8QW Provides: Foodbank (fresh, frozen, tinned foods, cereal, etc & African Caribbean foods, baby foods), toiletries, nappies and wipes Additional support: Offer appointments with adviser on Mondays and Wednesdays- to access support with debt/benefits or other issues.	Open to all and free.	Food Collection: Friday 2pm-5pm Other services by appointment only. Christmas and New Year: Open as usual.	07958 064597 info@excelbeyondbarriers.com
Draper Together Draper Hall Hampton St, London SE17 3AN Provides: Collection of a variety of foods, including fresh and tinned.	Open to all and free.	Monday 3:30-5:30pm Thursday 9:30-11am Hot meal on Wednesday 11am-2pm Christmas and New Year: Open as usual.	07719977642 office@drapertogether.org.uk director@drapertogether.org.uk info@drapertogether.org.uk https://www.drapertogether.org/

Places to go for low-cost food – check opening times before visiting

Peckham Pantry 49-53 Peckham Park Road Peckham SE15 6TU Provides: Community shop. Fruits, veg and other food items to make a healthy meal. Baby food/formula sometimes available. Pay £4.50 in return for £15–£20 of food at each visit. Limit of two visits per day.	Open to everyone including those on low income. No referral required. £4.50 per visit.	Tues 10am-4pm, Weds & Fri 9am-4pm, Thurs 10am-7pm, Sat 9am-3pm Christmas and New Year: Closed from the 24 th December to the 1 st January. Reopen 2 nd January.	https://www.pecan.org.uk/peckham-pantry/ 020 7277 7075 pantry@pecan.org.uk
Peckham Pantry St Luke's Church Chandler Way Peckham SE15 6DT Provides: See above.	See above.	Wednesday 10am-2pm Christmas and New Year: Closed on 25th December and 1st January. Reopen on 8th.	See above.
Bermondsey Pantry 4-5 Slippers Place Gataker Street SE16 2EN Provides: Fresh fruit, veg, meat and dairy (milk, butter, cheese), tinned & packeted foods for the cupboard, frozen foods. Also Betty's Baby Bank: free baby clothes, nappies Mon & Weds 10am-1pm.	Open to all - £7.00 for 12 items. By appointment only.	Wednesday-Friday 10am-2pm Christmas and New Year: Closed from 20th December to 6th January. Reopen on 7th.	Contact for appointment: Kathy Heather 07730 465 160 lovenorthsouthwark@outlook.com
Please note the following entry has not been updated since August 2024. The Borough Food Co-operative St George the Martyr Borough High Street Borough SE1 1JA Provides: Select from fresh fruit and veg, meat, dairy, eggs, cooked meals, & cupboard goods. Members pay £4.50 per shop for £15-£20 worth of food. No limit to number of visits.	Open to all to join as a member. £4.50 per shop.	Tues, Thurs, Sat 11am-3pm	https://www.boroughfoodcooperative.co.uk/ 020 7357 7331 food@sgtm.org.uk

Deliveries available for those housebound or unwell at same cost. Additional support: Citizens Advice drop-in session for Borough Food Co-operative members on alternate Tuesdays (11am-3pm). See website for dates.			
Paxton Pantry Unit 32 Seeley Drive Kingswood Estate SE21 8QR Provides: Weekly subscription of £4.50 for a weekly food shop including fresh fruit and vegetables. Additional support: Drop-in citizens advice adviser, fortnightly on Tuesdays from 12-3pm, providing advice and support with issues around debt, immigration, employment, family and health. No appointment necessary, first come, first served.	Open to all to join as a member. £4.50 per shop.	Tuesday 12 noon-4pm Christmas and New Year: Closed on 24th December.	https://www.yourlocalpantry.co.uk/pantry-listings/london-paxton-pantry/ https://www.facebook.com/pgtbPantry Pantry@pgtimebank.org
Please note the following entry has not been updated since August 2024. Dawson Heights Food Float Dawson Heights Community Centre Overhill Road SE22 0PN Provides: Float visiting Dawson Heights estate every Thursday- parks at the front of the estate. Offers fruit, veg and cupboard items at a low cost.	Open to all, low-cost food.	Thursday 11am-4pm	https://www.be-enriched.org/the-food-bus foodbus@be-enriched.org
St Giles Pantry 64 Camberwell Church Street Camberwell SE5 8JB Provides: Healthy nutritious food for £3.50 per week. Membership lasts 6 months. Additional support: 1-1 support includes: employment, training & education; benefits & debt; health &	Low cost (£3.50) food shop with membership.	Wednesday 11am- 2.30pm Thursday 10am- 2.30pm Friday 11am- 3pm Christmas and New Year: Open until Friday 20th December. Closed Monday 23rd December to Thursday 2nd	https://www.stgilestrust.org.uk/what-we-do/tackling-poverty/st-giles-pantry/ 020 7708 8000 info@stgilestrust.org.uk

wellbeing; and housing. Obligatory with pantry membership.		January (inclusive) Reopen Friday 3rd January.	
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Places to go for meals, cafes, takeaways – check opening times before visiting

St Lukes Community Café St Lukes Church Hall Chandler Way SE15 6DT Provides: Light meal/hot drink and biscuits. Additional support: They are an accredited "Be Well Hub"- meaning they have trained volunteers on hand to provide a listening ear and, where appropriate, signpost people towards appropriate mental health support.	Open to all. Free/donation welcome. Runs alongside Peckham Pantry at St Lukes Church.	Wednesday 10am-2pm Christmas and New Year: Closed on the 25 th December and 1 st January.	https://www.stlukespeckham.co.uk/ 07743 961 626 jo.stlukespeckham@gmail.com
Copleston Community Centre Copleston Road SE15 4AN Provides: Community Cafe serving lunch, tea/coffee and cake - No referral needed. Seasonal Socials providing light lunch for small donation or free if needed- No referral needed. Additional support: Mental health and wellbeing services: https://coplestoncentre.org.uk/page/295/mental-health-wellbeing-services	Open to all, from the New Year the Centre will be asking for a donation of £3 or £5 towards the cost of a meal.	Monday + Wednesday 12:30pm-2:30pm (except half term breaks) Christmas and New Year: The café will be closed between the 23rd December and the 1st January. It will return on the 6th January.	https://www.coplestoncentre.org.uk/ 02077323435 ann@coplestoncentre.org.uk
Hope Tuesday Cafe City Hope Church 121 Drummond Rd Bermondsey SE16 2JY Provides: Lunch – choice of hot meal or sandwiches and tea, coffee and cakes.	Open to all and free.	Tuesday 1pm-2:30pm Christmas and New Year: Closed on 24th and 31st December.	https://cityhope.london/ 020 7993 3934 hello@cityhope.london

All Saints Church Cafe All Saints Church, Peckham Blenheim Grove Peckham SE15 4QS (café is in main church, not the hall, entrance by the bus stop) Provides: Community café. Teas, coffee, cakes etc. Also other activities inc. IT, free Wi-Fi	Open to all and free.	Tuesday & Thursday 9.30am -11am Christmas and New Year: Closed between 24 th December and 2 nd January. Reopen 7th January.	https://www.allsaintspeckham.org.uk/mission-community/community-cafe/ 020 3637 2701 hello@allsaintspeckham.org.uk
Be Enriched Castle Canteen Crossways United Reformed Church/Crossways Christian Centre 18 Hampton Street Walworth SE1 6SN Provides: Community canteen. Hot vegetarian meal cooked on site.	Open to all. Free but £1 donations welcome.	Monday- Open from 12:30pm, for guests to have tea/coffee before service starts at 1pm. Finishes at 2.30pm. Christmas and New Year: On 23 rd , community Christmas meal, then closed on 30 th . Reopen on 6 th January.	https://www.be-enriched.org/canteens 07397 288160 (Mon-Thurs 10am-5.30pm) hello@be-enriched.org
Manna Centre 12 Melior Street London Bridge SE1 3QP Provides: Breakfast & lunch Additional support: Showers, clothing, housing & welfare advice and medical care and IT facilities.	Open to homeless and anyone in need. Free.	Monday- Sunday (7 days) 8.30am- 1.30pm Christmas and New Year: Closed from Tuesday 24 th December to Saturday 28 th December. Resume normal opening times from 8.30am on Sunday 29 th December.	https://www.mannasociety.org.uk/ 020 7357 9363 mail@mannasociety.org.uk
Foodcycle Peckham All Saints Church Hall Blenheim Grove Peckham SE15 4QS	Open to all and free.	Wednesday 5pm-6pm Saturday 5.30pm-6:30pm Christmas and New Year: Open as usual.	https://foodcycle.org.uk/lo-cation/foodcycle-peckham-saturdays/ 020 7729 2775 peckham@foodcycle.org.uk

Provides: Sit-in community meals. Hot vegetarian meals cooked on site.			
Please note the following entry has not been updated since August 2024. Webber Street Day Centre Webber Street Centre 6-8 Webber Street Waterloo SE1 8QA Provides: Takeaway meal- mainly paninis or pastries, along with a snack such as fruit, and a bottle of water.	For rough sleepers, homeless and other vulnerable people. Free.	Monday-Thursday 9am-11am	https://www.webberstreet.org.uk/ 020 7928 1677 wsenquiries@lcm.org.uk
Peckham Soup Kitchen Unit 3 Aylesham Shopping Centre Rye Lane SE15 5EN Provides: Sit-down hot meal and food to take away. Delivery of meal on Wed eve to local older people on request.	Open to all. Free.	Friday 4pm-7pm Christmas and New Year: Open as usual.	https://www.peckhamsoupkitchen.org/ 07424 710331 peckhamsoupkitchen@gmail.com
Living Room at Pembroke House (temporary whilst Walworth Living Room is refurbished) 80 Tatum Street Walworth SE17 1QR Provides: Community Brunch	Open to all. Free.	Friday 10am-12 noon Christmas and New Year: Pembroke House is closed from the 21st to the 30th of December 2024. They are also closed on the 1st of January 2025.	https://www.walworthlivingroom.org/#activities 020 7703 3803 info@pembrokehouse.org.uk
Dene Community Centre meals Dene Community Centre 95b Meeting House Lane Peckham SE15 2TU Provides: Sit-down hot meal and fresh/dry food to take away. Delivery of meals on request.	Open to all. Free.	Friday 3pm-7pm Christmas and New Year: Closed on 27th December.	acorntra@gmail.com 07982 408932 Facebook group: https://www.facebook.com/groups/519577289860965?locale=en_GB
The Redeemed Assemblies Support Service Foodbank (TRASS)			

Hot meals to eat in every Saturday – see entry on page two

Draper Together

Hot meals to eat in every Wednesday – see entry on page three

Foodbanks where you need a referral or voucher from an agency

Southwark Foodbank Provides: Emergency parcels of mainly tinned & packeted food plus basic toiletries. Fresh food when available. Additional support: Citizens Advice adviser present at foodbank sessions to provide advice and signposting. Also available at sessions: help with applying for support from the Southwark Council (furniture, white goods etc.) and referrals to other services.	Open to anyone experiencing hardship but referral needed from an agency that is registered with the foodbank e.g. schools, council services, health services, charities etc.	Once you have a voucher, food parcels can be collected from the next available foodbank session in the borough: see website. Christmas and New Year: Closed from the 24th December to the 1st January. Reopen 2nd January.	https://www.pecan.org.uk/southwark-foodbank/ 0207 732 0007 foodbank.support@pecan.org.uk
Spring Community Hub Provides: Food parcels of fresh fruit and vegetables, culturally appropriate food, non-perishable groceries, toiletries, and other necessities, catering where possible for specific needs (e.g. HALAL). Additional support: Run a Community Hub for referred clients offering advice services, particularly around debt, welfare benefits and immigration.	By referral via email for those who are NRPF, financially insecure, homeless, and other vulnerable people (e.g. those with disabilities). Referrals needed from GP surgeries, Southwark Pensioners, Citizens Advice, schools, Job Centre, Churches, Mosque and other Frontline Agencies, etc. via foodbank.csch@gmail.com. But contact us directly if accessing agencies is difficult and we talk you through what to do.	Once we receive your referral, you will be contacted and invited to visit one of our centres where you will be seen and have a food parcel put together for you. Christmas and New Year: Closed from 24th December to 5th January. Reopen on the 6th.	https://www.springcommunityhub.org.uk/ https://www.facebook.com/springcommunityhub 020 7703 1653/07901 617189 foodbank@springcommunityhub.org.uk

T: 020 7732 0007

E: sfaa@pecan.org.uk

Web: <https://www.southwarkfoodactionalliance.co.uk/>

FB: https://www.facebook.com/southwarkfoodaction?locale=en_GB

Instagram: <https://www.instagram.com/swkfoodaction/>

X/Twitter: <https://x.com/SwkFoodAction>

